

Lundi , 05.09

09:10 - 10:05

Zumba
Melinda

10:15 - 11:10

Kick Power
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Mardi , 06.09

09:10 - 09:40

Pump i.t.
Denise

09:50 - 10:20

P.I.I.T
Denise

17:55 - 18:50

Fitboxe
André

19:00 - 19:55

Pump
Martha

Mercredi , 07.09

09:10 - 10:05

Fighttime
Denise

10:15 - 11:10

Pump
Denise

19:00 - 19:55

Zumba
Melinda

Jeudi , 08.09

09:00 - 09:55

Power Yoga
Sandra

10:05 - 11:00

Pilates
Brigitte

Vendredi , 09.09

09:10 - 09:55

Zumba
Deniz

10:05 - 11:00

Step'n Tone
Brigitte

Samedi , 10.09

Dimanche , 11.09