

### Lundi , 18.11

#### 18:00 - 18:55

*Pump*  
Leah

#### 19:15 - 20:10

*Pilates*  
Rocio

### Mardi , 19.11

#### 18:30 - 19:00

*Simply Core*  
Rebecca

#### 19:00 - 19:55

*Fighttime 55'*  
Rebecca

### Mercredi , 20.11

#### 17:30 - 18:25

*Pump*  
Leah

#### 18:35 - 19:05

*P.I.I.T*  
Leah

### Jeudi , 21.11

#### 18:30 - 19:25

*Yoga*  
Rocio

### Vendredi , 22.11

### Samedi , 23.11

#### 11:00 - 11:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Irma

### Dimanche , 24.11