

Lundi , 23.12

09:10 - 10:05

Pump
Claudia

18:05 - 19:00

Zumba
Adriana

19:10 - 20:05

Pilates
Beatriz

Mardi , 24.12

09:10 - 10:05

Yoga
Katrin

Mercredi , 25.12

Jeudi , 26.12

09:30 - 10:00

P.I.I.T Special
Petra

10:05 - 11:00

Pump Special
Petra

Vendredi , 27.12

18:00 - 18:55

Powerstep
Adriana

Samedi , 28.12

09:30 - 10:00

P.I.I.T
Petra

10:05 - 11:00

Pump
Petra

Dimanche , 29.12

09:30 - 10:25

Core meets HIIT
Petra