

Lundi , 29.01

09:10 - 10:05

Pump
Petra

18:05 - 19:00

Zumba
Adriana

19:10 - 20:05

Pilates
Beatriz

Mardi , 30.01

09:10 - 10:05

Yoga
Katrin

18:00 - 18:30

P.I.I.T
Petra

18:45 - 19:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Mercredi , 31.01

18:15 - 19:10

Pump
Petra

19:30 - 20:25

Power Yoga
Katrin

Jeudi , 01.02

09:10 - 10:05

Zumba
Adriana

18:30 - 19:25

Functional Workout
Nadine

Vendredi , 02.02

18:00 - 18:55

Powerstep
Adriana

Samedi , 03.02

09:30 - 10:00

P.I.I.T
Petra

10:05 - 11:00

Pump
Petra

Dimanche , 04.02

10:00 - 10:55

Kick Power
Nadine