

Lundi , 01.01

Mardi , 02.01

09:10 - 10:05

Yoga
Katrin

18:00 - 18:55

P.I.I.T
Nadine

18:45 - 19:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadine

Mercredi , 03.01

18:15 - 19:10

Pump
Petra

19:30 - 20:25

Power Yoga
Katrin

Jeudi , 04.01

09:10 - 10:05

Zumba
Adriana

18:30 - 19:25

Functional Workout
Nadine

Vendredi , 05.01

18:00 - 18:55

Powerstep
Adriana

Samedi , 06.01

09:30 - 10:00

P.I.I.T
Petra

10:05 - 11:00

Pump
Petra

Dimanche , 07.01