

### Lundi , 17.04

**09:10 - 10:05**

*Pump*  
Claudia

**18:05 - 19:00**

*Zumba*  
Beatriz

**19:10 - 20:05**

*Pilates*  
Beatriz

### Mardi , 18.04

**09:10 - 10:05**

*Yoga*  
Katrin

**18:00 - 18:30**

*P.I.I.T*  
Nadine

**18:45 - 19:40**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Nadine

### Mercredi , 19.04

**18:30 - 19:25**

*Pump*  
Claudia

**19:30 - 20:25**

*Power Yoga*  
Katrin

### Jeudi , 20.04

**09:10 - 10:05**

*Zumba*  
Beatriz

**18:30 - 19:25**

*Fighttime 55'*  
Natasha

### Vendredi , 21.04

**18:00 - 18:55**

*Powerstep*  
Adriana

### Samedi , 22.04

**09:30 - 10:00**

*P.I.I.T*  
Petra

**10:05 - 11:00**

*Pump*  
Petra

### Dimanche , 23.04

**10:30 - 11:25**

*Functional Workout*  
Nadine