

Lundi , 21.04

Mardi , 22.04

**09:15 - 10:10**

*Functional Workout*  
Erendita

**18:00 - 18:55**

*Functional Workout*  
Sarina

**19:00 - 19:55**

*Power Yoga*  
Annika

Mercredi , 23.04

**09:15 - 10:10**

*Rückenfit*  
Marco

**18:00 - 18:55**

*Yoga*  
Ladina

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Yvonne

Jeudi , 24.04

**09:15 - 10:10**

*Yoga*  
Annaliese

**18:00 - 18:55**

*Pump*  
Dominic

**19:05 - 20:00**

*Pilates*  
Andrea

Vendredi , 25.04

**09:15 - 10:10**

*Pilates*  
Andrea

**18:00 - 18:55**

*Aerobic*  
Francesco

Samedi , 26.04

Dimanche , 27.04