

Lundi , 05.08

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:30

P.I.I.T
Yvonne

18:30 - 19:25

Pump
Yvonne

Mardi , 06.08

18:00 - 18:55

Functional Workout
Sarina

19:00 - 19:55

Power Yoga
Jasmin R.

Mercredi , 07.08

18:00 - 18:55

Yoga
Ladina

Jeudi , 08.08

18:00 - 18:55

Pump
Dominic

19:05 - 20:00

Pilates
Andrea

Vendredi , 09.08

09:15 - 10:10

Pilates
Andrea

18:00 - 18:55

Aerobic
Francesco

Samedi , 10.08

Dimanche , 11.08