

**Lundi , 29.07**

**09:15 - 10:10**

*Rückenfit*  
Larissa

**18:00 - 18:30**

*P.I.I.T*  
Sarina

**18:30 - 19:25**

*Pump*  
Sarina

**Mardi , 30.07**

**18:00 - 18:55**

*Functional Workout*  
Sarina

**19:00 - 19:55**

*Power Yoga*  
Jasmin R.

**Mercredi , 31.07**

**18:00 - 18:55**

*Yoga*  
Yvonne

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Yvonne

**Jeudi , 01.08**

**Vendredi , 02.08**

**18:00 - 18:55**

*Aerobic*  
Francesco

**Samedi , 03.08**

**Dimanche , 04.08**