

Lundi , 15.04

18:00 - 18:30

P.I.I.T
Erendita

18:30 - 19:25

Pump
Sarina

Mardi , 16.04

18:00 - 18:55

Functional Workout
Sarina

19:00 - 19:55

Power Yoga
Jasmin R.

Mercredi , 17.04

09:15 - 10:10

Yoga
Annaliese

18:00 - 18:55

Yoga
Ladina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Francesco

Jeudi , 18.04

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Martina

18:00 - 18:55

Pump
Dominic

19:05 - 20:00

Pilates
Andrea

Vendredi , 19.04

09:15 - 10:10

Pilates
Andrea

18:00 - 18:55

Aerobic
Francesco

Samedi , 20.04

Dimanche , 21.04