

**Lundi , 16.10**

**09:15 - 10:10**

*Rückenfit*  
Marco

**18:00 - 18:30**

*P.I.I.T*  
Erendita

**18:30 - 19:25**

*Pump*  
Sarina

**Mardi , 17.10**

**18:15 - 18:45**

*Simply Core*  
Sarina

**19:00 - 19:55**

*Power Yoga*  
Jasmin R.

**Mercredi , 18.10**

**09:15 - 10:10**

*Rückenfit*  
Marco

**18:00 - 18:55**

*Yoga*  
Annaliese

**19:00 - 19:55**

*BBP Special*  
Sarina

**Jeudi , 19.10**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Yvonne

**18:00 - 18:55**

*Pump*  
Dominic

**19:05 - 20:00**

*Pilates*  
Andrea

**Vendredi , 20.10**

**09:15 - 10:10**

*Pilates*  
Andrea

**Samedi , 21.10**

**Dimanche , 22.10**