

Lundi , 31.07

18:00 - 18:30

P.I.I.T
Erendita

18:30 - 19:25

Pump
Yvonne

Mardi , 01.08

Mercredi , 02.08

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:55

Yoga
Annaliese

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Martina

Jeudi , 03.08

09:15 - 10:10

Functional Workout
Erendita

18:00 - 18:55

Pump
Sarina

19:05 - 20:00

Pilates
Andrea

Vendredi , 04.08

09:15 - 10:10

Pilates
Andrea

Samedi , 05.08

Dimanche , 06.08