

Lundi , 17.07

09:15 - 10:10

Yoga
Ladina

18:00 - 18:30

P.I.I.T
Erendita

18:30 - 19:25

Pump
Yvonne

Mardi , 18.07

19:00 - 19:55

Power Yoga
Jasmin R.

Mercredi , 19.07

18:00 - 18:55

Yoga
Ladina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Yvonne

Jeudi , 20.07

09:15 - 10:10

Functional Workout
Erendita

18:00 - 18:55

Pump
Dominic

19:05 - 20:00

Pilates
Andrea

Vendredi , 21.07

09:15 - 10:10

Pilates
Andrea

Samedi , 22.07

Dimanche , 23.07