

Lundi , 12.06

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:30

P.I.I.T
Erendita

18:30 - 19:25

Pump
Yvonne

Mardi , 13.06

18:15 - 18:45

Simply Core
Sarina

19:00 - 19:55

Power Yoga
Ladina

Mercredi , 14.06

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:55

Yoga
Ladina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Yvonne

Jeudi , 15.06

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Martina

18:00 - 18:55

Pump
Dominic

19:05 - 20:00

Pilates
Yvonne

Vendredi , 16.06

09:15 - 10:10

Pilates
Annaliese

Samedi , 17.06

Dimanche , 18.06