

Lundi , 29.05

10:00 - 11:00

Pump Special
Yvonne

Mardi , 30.05

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Jasmin B.

18:15 - 18:45

Simply Core
Sarina

19:00 - 19:55

Power Yoga
Jasmin R.

Mercredi , 31.05

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:55

Yoga
Ladina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Yvonne

Jeudi , 01.06

18:00 - 18:55

Pump
Dominic

19:05 - 20:00

Pilates
Andrea

Vendredi , 02.06

09:15 - 10:10

Pilates
Andrea

Samedi , 03.06

Dimanche , 04.06