

Lundi , 26.12

Mardi , 27.12

Mercredi , 28.12

**09:15 - 10:10**

*Rückenfit*  
Marco

**18:00 - 18:55**

*Yoga*  
Ladina

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Yvonne

Jeudi , 29.12

**18:00 - 18:55**

*Pump*  
Dominic

Vendredi , 30.12

Samedi , 31.12

Dimanche , 01.01