

Lundi , 19.09

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:25

Upcon
Erendita

18:30 - 19:25

Pump
Yvonne

Mardi , 20.09

18:15 - 18:45

Simply Core
Jasmin

19:00 - 19:55

Power Yoga
Jasmin

Mercredi , 21.09

09:15 - 10:10

Rückenfit
Marco

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Yvonne

Jeudi , 22.09

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Martina

18:00 - 18:55

Pump
Yvonne

19:05 - 20:00

Pilates
Andrea

Vendredi , 23.09

09:15 - 10:10

Pilates
Andrea

Samedi , 24.09

Dimanche , 25.09