

Lundi , 06.01

09:15 - 10:10 <i>Pilates</i> Eva	18:00 - 18:55 <i>Yoga</i> Nadine	19:25 - 20:20 <i>Pump</i> Claudia
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Mardi , 07.01

09:30 - 10:25 <i>Zumba</i> Miriam	12:10 - 12:40 <i>P.I.I.T</i> Daniela	18:30 - 19:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Vasiliki
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Mercredi , 08.01

12:15 - 12:45 <i>Upcon</i> Werner	17:30 - 18:25 <i>Pilates</i> Vasiliki	18:35 - 19:30 <i>Pump</i> Vasiliki	19:40 - 20:25 <i>Zumba</i> Andrea
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Jeudi , 09.01

09:15 - 10:10 <i>Full Body Workout</i> Daniela	18:00 - 18:55 <i>Yoga</i> Nadine
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Vendredi , 10.01

09:15 - 10:10 <i>Yoga</i> Lisa	18:00 - 18:55 <i>Pilates</i> Aiyana
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Samedi , 11.01

Dimanche , 12.01

10:00 - 10:55 <i>Zumba</i> Andrea
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