

Lundi , 09.12

09:15 - 10:10 <i>Pilates</i> Eva	18:00 - 18:55 <i>Yoga</i> Nadine	19:25 - 20:20 <i>Pump</i> Claudia
-----------------------------------------------	-----------------------------------------------	------------------------------------------------

Mardi , 10.12

09:30 - 10:25 <i>Zumba</i> Miriam	12:10 - 12:40 <i>P.I.I.T</i> Linda	18:30 - 19:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Vasiliki
------------------------------------------------	-------------------------------------------------	----------------------------------------------------------------------------------

Mercredi , 11.12

12:15 - 12:45 <i>Upcon</i> Werner	17:30 - 18:25 <i>Pilates</i> Vasiliki	18:35 - 19:30 <i>Pump</i> Vasiliki	19:40 - 20:35 <i>Zumba</i> Andrea
------------------------------------------------	----------------------------------------------------	-------------------------------------------------	------------------------------------------------

Jeudi , 12.12

09:15 - 10:10 <i>Full Body Workout</i> Nena Nevenka	18:00 - 18:55 <i>Yoga</i> Nadine
------------------------------------------------------------------	-----------------------------------------------

Vendredi , 13.12

09:15 - 10:10 <i>Yoga</i> Lisa	18:00 - 18:55 <i>Pilates</i> Aiyana
---------------------------------------------	--------------------------------------------------

Samedi , 14.12

Dimanche , 15.12

10:00 - 10:55 <i>Zumba</i> Andrea
