

Lundi , 25.11

09:15 - 10:10 <i>Pilates</i> Eva	18:00 - 18:55 <i>Yoga</i> Nadine	19:25 - 20:20 <i>Pump</i> Adriana
---	---	--

Mardi , 26.11

09:30 - 10:25 <i>Zumba</i> Miriam	12:10 - 12:40 <i>P.I.I.T</i> Daniela	18:30 - 19:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Vasiliki
--	---	--

Mercredi , 27.11

12:15 - 12:45 <i>Upcon</i> Linda	17:30 - 18:25 <i>Pilates</i> Vasiliki	18:35 - 19:30 <i>Pump</i> Vasiliki	19:40 - 20:35 <i>Zumba</i> Andrea
---	--	---	--

Jeudi , 28.11

09:15 - 10:10 <i>Full Body Workout</i> Daniela	18:00 - 18:55 <i>Yoga</i> Nadine
---	---

Vendredi , 29.11

09:15 - 10:10 <i>Yoga</i> Lisa	18:00 - 18:55 <i>Pilates</i> Aiyana
---	--

Samedi , 30.11

Dimanche , 01.12

10:00 - 10:55 <i>Zumba</i> Andrea
--