

Lundi , 02.09

09:15 - 10:10

Pilates
Valentina

18:00 - 18:55

Yoga
Martina

19:05 - 20:00

Pump
Mariana

Mardi , 03.09

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Daniela

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Vasiliki

Mercredi , 04.09

12:15 - 12:45

Upcon
Werner

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:35

Zumba
Andrea

Jeudi , 05.09

09:15 - 10:10

Full Body Workout
Daniela

18:00 - 18:30

Upcon
Linda

18:40 - 19:35

Yoga
Liliya

Vendredi , 06.09

09:15 - 10:10

Yoga
Lisa

18:00 - 18:55

Pilates
Aiyana

Samedi , 07.09

Dimanche , 08.09

10:00 - 10:55

Zumba
Ana