

**Lundi , 05.08**

**09:00 - 09:55**

*Pilates*  
Nicola

**18:00 - 18:55**

*Yoga*  
Nadine

**19:05 - 20:00**

*Pump*  
Mariana

**Mardi , 06.08**

**12:10 - 12:40**

*P.I.I.T*  
Daniela

**19:35 - 20:30**

*Fitboxe*  
Judith

**Mercredi , 07.08**

**12:15 - 12:45**

*Upcon*  
Linda

**17:30 - 18:25**

*Pilates*  
Sandra

**18:35 - 19:30**

*Pump*  
Sandra

**19:40 - 20:35**

*Zumba*  
Andrea

**Jeudi , 08.08**

**09:15 - 10:10**

*Full Body Workout*  
Daniela

**18:40 - 19:35**

*Yoga*  
Nadine

**Vendredi , 09.08**

**09:15 - 10:10**

*Yoga*  
Lisa

**Samedi , 10.08**

**Dimanche , 11.08**