

Lundi , 22.01

09:15 - 10:10

Pilates
Eva

18:00 - 18:55

Yoga
Nadine

19:05 - 20:00

Pump
Mariana

Mardi , 23.01

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Linda

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Arliss

Mercredi , 24.01

12:15 - 12:45

Upcon
Ajla

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:35

Zumba
Andrea

Jeudi , 25.01

18:00 - 18:30

Upcon
Nadine

18:40 - 19:35

Yoga
Nadine

Vendredi , 26.01

09:15 - 10:10

Yoga
Nadine

12:10 - 12:40

P.I.I.T
Ana

Samedi , 27.01

Dimanche , 28.01

10:00 - 10:55

Zumba
Ana