

Lundi , 01.01

Mardi , 02.01

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Daniela

18:00 - 18:55

BBP (Bauch, Beine,
Po) / Bodytone
Sandra

19:05 - 20:00

Fitboxe
Sandra

Mercredi , 03.01

12:15 - 13:10

Upcon
Ajla

17:30 - 18:25

Pilates
Sandra

18:35 - 19:30

Pump
Sandra

19:40 - 20:35

Zumba
Andrea

Jeudi , 04.01

09:15 - 10:10

Full Body Workout
Nena Nevenka

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:55

Upcon
Nadine

18:40 - 19:35

Yoga
Nadine

Vendredi , 05.01

09:15 - 10:10

Yoga
Nadine

Samedi , 06.01

Dimanche , 07.01

10:00 - 10:55

Zumba
Ana