

Lundi , 25.12

Mardi , 26.12

10:00 - 10:55

Pump meets P.i.i.t
Ajla

Mercredi , 27.12

12:15 - 12:45

Upcon
Ajla

17:30 - 18:25

Pilates
Sandra

18:35 - 19:30

Pump
Sandra

19:40 - 20:35

Zumba
Andrea

Jeudi , 28.12

09:15 - 10:10

Full Body Workout
Daniela

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:30

Upcon
Daniela

18:40 - 19:35

Yoga
Lisa

Vendredi , 29.12

09:15 - 10:10

Yoga
Lisa

Samedi , 30.12

Dimanche , 31.12