

Lundi , 30.10

09:15 - 10:10 <i>Pilates</i> Eva	18:00 - 18:55 <i>Yoga</i> Nadine	19:05 - 20:00 <i>Pump</i> Mariana
---	---	--

Mardi , 31.10

09:30 - 10:25 <i>Zumba</i> Miriam	12:10 - 12:40 <i>P.I.I.T</i> Sandra	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sandra	19:05 - 20:00 <i>Fitboxe</i> Sandra
--	--	--	--

Mercredi , 01.11

12:15 - 12:45 <i>Upcon</i> Ajla	17:30 - 18:25 <i>Pilates</i> Vasiliki	18:35 - 19:30 <i>Pump</i> Vasiliki	19:40 - 20:35 <i>Zumba</i> Andrea
--	--	---	--

Jeudi , 02.11

09:15 - 10:10 <i>Full Body Workout</i> Sandra	12:10 - 12:40 <i>P.I.I.T</i> Sandra	18:00 - 18:30 <i>Upcon</i> Nadine	18:40 - 19:35 <i>Yoga</i> Nadine
--	--	--	---

Vendredi , 03.11

09:15 - 10:10 <i>Yoga</i> Nadine

Samedi , 04.11

Dimanche , 05.11