

**Lundi , 09.10**

<b>09:15 - 10:10</b> <i>Pilates</i> Eva	<b>18:00 - 18:55</b> <i>Yoga</i> Nadine	<b>19:05 - 20:00</b> <i>Pump Special</i> Katja
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**Mardi , 10.10**

<b>09:30 - 10:25</b> <i>Zumba</i> Miriam	<b>12:10 - 12:40</b> <i>P.I.I.T</i> Sandra	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sandra	<b>19:05 - 20:00</b> <i>Fitboxe</i> Sandra
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**Mercredi , 11.10**

<b>12:15 - 12:45</b> <i>Upcon</i> Ajla	<b>17:30 - 18:25</b> <i>Pilates</i> Vasiliki	<b>18:35 - 19:30</b> <i>Pump</i> Vasiliki	<b>19:40 - 20:35</b> <i>Zumba</i> Leidy
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**Jeudi , 12.10**

<b>09:15 - 10:10</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sandra	<b>12:10 - 12:40</b> <i>P.I.I.T</i> Sandra	<b>18:00 - 18:30</b> <i>Upcon</i> Nadine	<b>18:40 - 19:35</b> <i>Yoga</i> Nadine
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**Vendredi , 13.10**

<b>09:15 - 10:10</b> <i>Yoga</i> Nadine
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**Samedi , 14.10**

**Dimanche , 15.10**