

Lundi , 28.08

09:15 - 10:10

Pilates
Eva

18:00 - 18:55

Yoga
Reto

19:05 - 20:00

Pump
Mariana

Mardi , 29.08

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Sandra

19:05 - 20:00

Fitboxe
Sandra

Mercredi , 30.08

12:15 - 12:45

Upcon
Ajla

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:35

Zumba
Andrea

Jeudi , 31.08

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Sandra

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:30

Upcon
Daniela

18:40 - 19:35

Yoga
Reto

Vendredi , 01.09

09:15 - 09:10

BBP (Bauch, Beine, Po) / Bodytone
Daniela

Samedi , 02.09

Dimanche , 03.09