

Lundi , 10.03

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Mardi , 11.03

18:15 - 19:10

Core meets HIIT
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mercredi , 12.03

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Muscle Work
Anna

Jeudi , 13.03

18:30 - 19:25

Fitboxe
Rebecca

Vendredi , 14.03

18:00 - 18:55

Zumba
Andrea

Samedi , 15.03

Dimanche , 16.03