

Lundi , 13.01

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Mardi , 14.01

18:15 - 19:10

Core meets HIIT
Sandra

18:45 - 19:15

Core Training
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mercredi , 15.01

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Jeudi , 16.01

18:30 - 19:25

Fitboxe
Céline B.

Vendredi , 17.01

18:30 - 19:25

Zumba
Andrea

Samedi , 18.01

Dimanche , 19.01