

Lundi , 07.10

Mardi , 08.10

18:15 - 18:45

Interval Training
Sandra

18:45 - 19:15

Core Training
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mercredi , 09.10

18:00 - 18:55

Zumba
Eliane

19:10 - 20:05

Pump
Anna

Jeudi , 10.10

18:30 - 19:25

Fitboxe
Céline B.

Vendredi , 11.10

18:30 - 19:25

Zumba
Andrea

Samedi , 12.10

Dimanche , 13.10