

### Lundi , 30.09

**18:00 - 18:55**

*Bodycombat*  
Laura

**19:00 - 19:55**

*Bodybalance*  
Laura

### Mardi , 01.10

**18:15 - 18:45**

*Interval Training*  
Céline H.

**18:45 - 19:15**

*Core Training*  
Céline H.

**19:15 - 20:10**

*Functional Workout*  
Céline H.

### Mercredi , 02.10

**18:00 - 18:55**

*Zumba*  
Andrea

**19:10 - 20:05**

*Pump*  
Anna

### Jeudi , 03.10

**18:30 - 19:25**

*Fitboxe*  
Céline B.

### Vendredi , 04.10

**18:30 - 19:25**

*Zumba*  
Andrea

### Samedi , 05.10

### Dimanche , 06.10