

Lundi , 23.09

18:00 - 18:55

Bodycombat
Laura

19:00 - 19:55

Bodybalance
Laura

Mardi , 24.09

18:15 - 18:45

Interval Training
Céline H.

18:45 - 19:15

Core Training
Céline H.

19:15 - 20:10

Functional Workout
Céline H.

Mercredi , 25.09

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Jeudi , 26.09

18:30 - 19:25

Fitboxe
Céline B.

Vendredi , 27.09

18:30 - 19:25

Zumba
Andrea

Samedi , 28.09

Dimanche , 29.09