

**Lundi , 09.09**

**18:00 - 18:55**

*Bodycombat*  
Sonia

**19:00 - 19:55**

*Bodybalance*  
Sonia

**Mardi , 10.09**

**18:15 - 18:45**

*Interval Training*  
Sandra

**18:45 - 19:15**

*Core Training*  
Sandra

**19:15 - 20:10**

*Functional Workout*  
Sandra

**Mercredi , 11.09**

**18:00 - 18:55**

*Zumba*  
Andrea

**19:10 - 20:05**

*Pump*  
Anna

**Jeudi , 12.09**

**19:00 - 19:55**

*Fitboxe*  
Ruth

**Vendredi , 13.09**

**18:30 - 19:25**

*Zumba*  
Andrea

**Samedi , 14.09**

**Dimanche , 15.09**