

Lundi , 26.08

Mardi , 27.08

18:15 - 18:45

Interval Training
Sandra

18:45 - 19:15

Core Training
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mercredi , 28.08

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Jeudi , 29.08

18:30 - 19:25

Fitboxe
Céline B.

Vendredi , 30.08

18:30 - 19:25

Zumba
Andrea

Samedi , 31.08

Dimanche , 01.09