

Lundi , 10.06

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Mardi , 11.06

18:15 - 19:10

Interval Training
Sandra

18:45 - 19:15

Core Training
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mercredi , 12.06

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Sandra

Jeudi , 13.06

19:00 - 19:55

Fitboxe
Ruth

Vendredi , 14.06

18:30 - 19:25

Zumba
Andrea

Samedi , 15.06

Dimanche , 16.06