

Lundi , 15.01

18:00 - 18:55

Kick Power
Sonia

19:00 - 19:55

Yoga
Sonia

Mardi , 16.01

18:15 - 19:10

P.I.I.T
Céline H.

18:45 - 19:15

Core Training
Céline H.

19:15 - 20:10

Upcon
Céline H.

Mercredi , 17.01

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Jeudi , 18.01

18:30 - 19:25

Fitboxe
Rebecca

Vendredi , 19.01

18:30 - 19:25

Zumba
Andrea

Samedi , 20.01

Dimanche , 21.01