

Lundi , 08.01

18:00 - 18:55

Kick Power
Sonia

19:00 - 19:55

Yoga
Sonia

Mardi , 09.01

18:15 - 19:10

P.I.I.T
Sandra

18:45 - 19:15

Core Training
Sandra

19:15 - 20:10

Upcon
Sandra

Mercredi , 10.01

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Jeudi , 11.01

18:30 - 19:25

Fitboxe
Rebecca

Vendredi , 12.01

18:30 - 19:25

Zumba
Andrea

Samedi , 13.01

Dimanche , 14.01