

Lundi , 20.11

18:00 - 18:55

Kick Power
Sonia

19:00 - 19:55

Yoga
Sonia

Mardi , 21.11

18:15 - 18:45

P.I.I.T
Sandra

18:45 - 19:15

Core Training
Sandra

19:15 - 20:10

Upcon
Sandra

Mercredi , 22.11

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Jeudi , 23.11

18:30 - 19:25

Fitboxe
Céline B.

Vendredi , 24.11

18:30 - 19:25

Zumba
Andrea

Samedi , 25.11

Dimanche , 26.11