

Lundi , 09.10

18:00 - 18:55

Kick Power
Michael

19:00 - 19:55

Yoga
Pedro

Mardi , 10.10

18:15 - 18:45

P.I.I.T
Sandra

18:45 - 19:15

Core Training
Sandra

19:15 - 20:10

Upcon
Sandra

Mercredi , 11.10

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Jeudi , 12.10

18:30 - 19:25

Fitboxe
Sandra

Vendredi , 13.10

18:30 - 19:25

Zumba
Andrea

Samedi , 14.10

Dimanche , 15.10