

**Lundi , 30.12**

**09:05 - 10:00**

*Pump*  
Ajla

**10:10 - 10:55**

*Yoga*  
Ajla

**18:00 - 18:55**

*Pump*  
Katja

**19:15 - 20:10**

*Fitboxe*  
Nicole

**Mardi , 31.12**

**Mercredi , 01.01**

**Jeudi , 02.01**

**09:05 - 10:00**

*Pilates Special*  
Vasiliki

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Nena Nevenka

**Vendredi , 03.01**

**09:05 - 10:00**

*Zumba*  
Miriam

**Samedi , 04.01**

**Dimanche , 05.01**

**09:00 - 09:55**

*Pump*  
Sandra

**10:10 - 11:05**

*Pilates*  
Sandra