

**Lundi , 26.08**

**09:05 - 10:00**

*Pump*  
Ajla

**10:10 - 10:55**

*Power Yoga*  
Ajla

**18:00 - 18:55**

*Pump*  
Katja

**19:15 - 20:10**

*Fitboxe*  
Nicole

**Mardi , 27.08**

**09:05 - 10:00**

*Rückengymnastik*  
Liz

**18:00 - 18:55**

*Zumba*  
Diana

**19:05 - 20:00**

*Power Yoga*  
Michaela

**Mercredi , 28.08**

**09:05 - 10:00**

*Pump*  
Ajla

**10:30 - 11:25**

*Spiralkraft*  
Monika

**18:15 - 19:10**

*Pump*  
Veronica

**Jeudi , 29.08**

**09:05 - 10:00**

*Pilates*  
Vasiliki

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Selina

**19:00 - 19:55**

*Fitboxe*  
Sandy

**Vendredi , 30.08**

**09:05 - 10:00**

*Zumba*  
Miriam

**Samedi , 31.08**

**Dimanche , 01.09**

**09:00 - 09:55**

*Pump*  
Michelle

**10:10 - 11:05**

*Pilates*  
Eva