

Lundi , 05.08

09:05 - 10:00

Pump
Ajla

10:10 - 10:55

Rückengymnastik
Claudia

18:00 - 18:55

Pump
Ajla

19:15 - 20:10

Fitboxe
Marina

Mardi , 06.08

09:05 - 10:00

Rückengymnastik
Liz

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Nina

Mercredi , 07.08

09:05 - 10:00

Pump
Michelle

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Veronica

Jeudi , 08.08

09:05 - 10:00

Pilates
Ajla

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Sandy

Vendredi , 09.08

Samedi , 10.08

Dimanche , 11.08