

### Lundi , 19.02

#### 09:10 - 10:05

*Pump*  
Ajla

#### 18:00 - 18:55

*Pump*  
Kim

### Mardi , 20.02

#### 09:05 - 10:00

*Rückengymnastik*  
Liz

#### 18:00 - 18:55

*Zumba*  
Miriam

#### 19:05 - 20:00

*Power Yoga*  
Kim

### Mercredi , 21.02

#### 09:05 - 10:00

*Pump*  
Ajla

#### 10:30 - 11:25

*Spiralkraft*  
Monika

#### 18:15 - 19:10

*Pump*  
Veronica

### Jeudi , 22.02

#### 09:05 - 10:00

*Pilates*  
Vasiliki

#### 18:00 - 18:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Selina

#### 19:00 - 19:55

*Fitboxe*  
Sandy

### Vendredi , 23.02

#### 09:05 - 10:00

*Zumba*  
Miriam

### Samedi , 24.02

### Dimanche , 25.02

#### 09:00 - 10:00

*Pump*  
Ajla

#### 10:10 - 11:05

*Pilates*  
Ajla