

Lundi , 29.01

09:10 - 10:05

Pump
Michelle

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Mardi , 30.01

09:05 - 10:00

Yoga
Liliya

18:00 - 18:55

Zumba
Miriam

19:05 - 20:00

Power Yoga
Kim

Mercredi , 31.01

09:05 - 10:00

Pump
Adriana

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Veronica

Jeudi , 01.02

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Nicole

Vendredi , 02.02

09:05 - 10:00

Zumba
Miriam

Samedi , 03.02

Dimanche , 04.02