

Lundi , 08.01

09:10 - 10:05 <i>Pump</i> Ajla	18:00 - 18:55 <i>Pump</i> Kim	19:15 - 20:10 <i>Fitboxe</i> Nicole
---	--	--

Mardi , 09.01

09:05 - 10:00 <i>Yoga</i> Nadine	18:00 - 18:55 <i>Zumba</i> Diana	19:05 - 20:00 <i>Power Yoga</i> Kim
---	---	--

Mercredi , 10.01

09:05 - 10:00 <i>Pump</i> Ajla	10:30 - 11:25 <i>Spiralkraft</i> Monika	18:15 - 19:10 <i>Pump</i> Veronica
---	--	---

Jeudi , 11.01

09:05 - 10:00 <i>Pilates</i> Vasiliki	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Selina	19:00 - 19:55 <i>Fitboxe</i> Sandy
--	--	---

Vendredi , 12.01

09:05 - 10:00 <i>Zumba</i> Miriam
--

Samedi , 13.01

Dimanche , 14.01

09:00 - 10:00 <i>Pump</i> Ajla	10:10 - 11:05 <i>Pilates</i> Giobana
---	---