

Lundi , 11.12

09:10 - 10:05 <i>Pump</i> Ajla	18:00 - 18:55 <i>Pump</i> Monika	19:15 - 20:10 <i>Fitboxe</i> Nicole
---	---	--

Mardi , 12.12

09:05 - 10:00 <i>Yoga</i> Nadine	18:00 - 18:55 <i>Zumba</i> Diana	19:05 - 20:00 <i>Power Yoga</i> Michaela
---	---	---

Mercredi , 13.12

09:05 - 10:00 <i>Pump</i> Ajla	10:30 - 11:25 <i>Spiralkraft</i> Monika	18:15 - 19:10 <i>Pump</i> Veronica
---	--	---

Jeudi , 14.12

09:05 - 10:00 <i>Pilates</i> Vasiliki	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Selina	19:00 - 19:55 <i>Fitboxe</i> Sandy
--	--	---

Vendredi , 15.12

09:05 - 10:00 <i>Zumba</i> Miriam
--

Samedi , 16.12

Dimanche , 17.12

09:00 - 09:55 <i>Pump</i> Ajla	10:10 - 11:05 <i>Pilates</i> Giobana
---	---