

Lundi , 06.11

09:10 - 10:05

Pump
Ajla

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Mardi , 07.11

09:05 - 10:00

Yoga
Nadine

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Kim

Mercredi , 08.11

09:05 - 10:00

Pump
Ajla

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Veronica

Jeudi , 09.11

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Sandy

Vendredi , 10.11

09:05 - 10:00

Zumba
Miriam

Samedi , 11.11

Dimanche , 12.11

09:00 - 09:55

Pump
Vicky

10:10 - 11:05

Pilates
Vicky