

Lundi , 25.09

09:10 - 10:05

Pump
Ajla

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Mardi , 26.09

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Kim

Mercredi , 27.09

09:05 - 10:00

Pump
Ajla

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Sandra

Jeudi , 28.09

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Nicole

Vendredi , 29.09

09:05 - 10:00

Zumba
Miriam

Samedi , 30.09

Dimanche , 01.10

09:00 - 09:55

Pump
Ajla