

Lundi , 24.07

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Mardi , 25.07

09:05 - 10:00

Yoga
Nadine

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadine

19:05 - 20:00

Power Yoga
Kim

Mercredi , 26.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Kim

Jeudi , 27.07

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Sandra

Vendredi , 28.07

Samedi , 29.07

Dimanche , 30.07